

**MORINVILLE**  
**Spring/Summer**  
**2025**  
March 30 to August 30

Morinville  
**Festival  
Days**

*returns*  
**June 13 to 15**



Scan QR code to take  
your guide on the go!



# PROGRAM GUIDE

Events • Programs • Fitness & Recreation • Community Support Services



# FEEL MOTIVATED

**Kickstart your  
summer and  
transform your routine**

**Become a member at the MLC today!**

**Annual membership benefits include:**

- 12 months of MLC access for the price of 10
- Optional monthly payment plan with membership hold for up to 2 months/year
- At least 10% off on registered programs and personal training
- Access to 20+ weekly group fitness classes
- Drop-in recreation for all ages
- 4 free daily guest passes



**780-939-3450**



**[morinville.ca/mlc](http://morinville.ca/mlc)**



**Morinville**  
LEISURE CENTRE

Morinville Leisure Centre,  
25126 SH642,  
Sturgeon County

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**March 30 to August 30, 2025**



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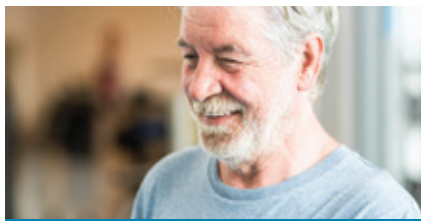
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Look →  
for this  
symbol



**FlexReg** allows you to  
register for **ONLY** the class  
dates that work best for you!

# TOWN DIRECTORY

## MORINVILLE COMMUNITY CULTURAL CENTRE

Family & Community Support Services (FCSS)  
Sports & Recreation  
Arts & Culture  
Programs & Events  
Registration & Facility Bookings  
9502 100 Ave., Morinville, AB T8R 1T1  
[www.morinville.ca/mccc](http://www.morinville.ca/mccc)  
Phone.....780-939-7839

## MORINVILLE LEISURE CENTRE

Fitness & Wellness  
Facility Operations & Guest Services  
25126 SH642, Sturgeon County, AB T8R 2P9  
[www.morinville.ca/mlc](http://www.morinville.ca/mlc)  
Phone.....780-939-3450

## TOWN HALL

Office of the CAO & Mayor  
Administrative Services  
10125 100 Ave., Morinville, AB T8R 1L6  
[www.morinville.ca](http://www.morinville.ca)  
Phone.....780-939-4361  
Fax.....780-939-5633

## INFRASTRUCTURE SERVICES

Snow Removal  
Waste Management & Recycling  
Utilities  
Roads  
10310 107 St., Morinville, AB T8R 1L2  
Phone.....780-939-2590  
Utility On-call.....780-965-0994  
Fax.....780-939-4435

## SPONSORSHIP & ADVERTISING

[sponsorship@morinville.ca](mailto:sponsorship@morinville.ca)  
Phone.....780-939-7657

## OTHER CONTACTS

Emergency.....911  
Enforcement Services.....780-939-7831  
Morinville Fire Department...780-939-4162  
RCMP.....780-939-4550  
Morinville Public Library.....780-939-3292

# HOW TO REGISTER



[morinville.recdesk.com](http://morinville.recdesk.com)

### TO REGISTER ONLINE:

Scan QR code above or visit [morinville.recdesk.com](http://morinville.recdesk.com) and select programs.  
Click on the name of the program you are interested in to check availability.  
Simply login or register for an account to begin your booking.



**Morinville Community  
Cultural Centre**  
**780-939-7839**

**Morinville  
Leisure Centre**  
**780-939-3450**



← Look  
for this  
symbol

### FlexReg

FlexReg allows  
you to register  
for ONLY the  
class dates that work  
best for you.

### TO REGISTER BY PHONE:

Call the Morinville Community Cultural Centre or  
Morinville Leisure Centre to speak to one of our  
client service representatives to register for programs.

#### Registration

All fees are due at the time of registration.  
Program registration is only complete  
upon payment.

#### Statutory Holidays

The Morinville Leisure Centre operates on  
statutory holidays from 8 a.m. to 8 p.m.,  
excluding Christmas Day. No classes will be  
offered on these days.

#### Refund Policy

If we cancel a program due to low registration,  
every effort will be made to notify participants.  
A full refund will be processed or full credit  
will be applied to client account excluding any  
online charges.

#### Customer Refund Requests

Cancellations made 7 or more days before the  
program start date will receive a full refund.  
Cancellations made less than 7 days before  
the start date will be refunded minus a 20%  
administrative fee.

Refunds for after the program starts will only be  
permitted with written medical proof and will  
be prorated.

#### Medical Conditions

Clients are required to disclose any medical or  
behavioural conditions, allergies or special care  
instructions that may affect their participation in  
the program.



ATLAS PREMIUM HOMES

Design your  
*Dream Home*



Contact Us:

780-719-3757

[www.atlaspremiumhomes.ca](http://www.atlaspremiumhomes.ca)

Join us on FaceBook

Let's design and build your custom home together.  
- Free consultations -



Building **Extraordinary**  
Communities, Together.

Pembina invests in community organizations that support Indigenous and Tribal communities, promote safety, equity and inclusion, and encourage a sustainable energy future.

[www.pembina.com](http://www.pembina.com)



# Breathing New Life into Waste

GFL offers you:

- Diverse waste services including single stream recycling and organics collection
- Regular, reliable, efficient service
- Solutions that support a low-carbon future



Green Today. Green For Life. | 780.444.8805



WESTWINDS

— MORINVILLE —

# YOUR DREAM HOME AWAITS

Life can be a breeze

Contact:  
780-459-LAND






**Easter Hours**  
April 18 to 21:  
Open daily,  
8 a.m. to 8 p.m.

## Hours

**March 30 to May 17:** Open daily, 6 a.m. to 11 p.m.

**May 18 to August 10:** Monday to Saturday, 6 a.m. to 9 p.m.; closed Sundays

**Statutory holidays:** Open 8 a.m. to 8 p.m.

### Single Daily Admission Prices

Ages	Price
Tots (5 years and under)	FREE
Child (6 to 12 years)	\$4.50
Youth (13 to 17 years)	\$5.50
Student (18+ with student ID)	\$6.50
Adults (18 to 59 years)	\$8.50
Senior (60+ years)	\$6.50
Family (2 adults & unlimited children in the same household)	\$22
Track only (all ages)	\$2.50

*Taxes not included.*

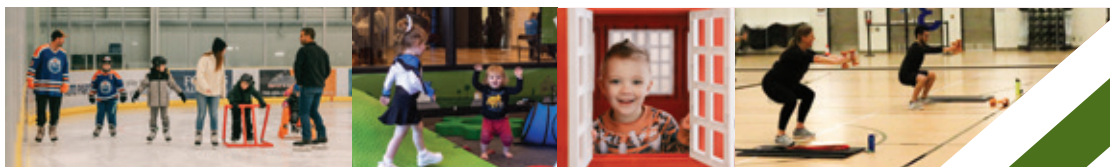
### Membership Rates

Ages	10 Pass	Monthly	Annual	Track Only Annual
Tots (5 years and under)	FREE	FREE	FREE	FREE
Child (6 to 12 years)	\$40.50	\$25	\$247.50	FREE
Youth (13 to 17 years)	\$49.50	\$30.50	\$302.50	\$86
Student (18+ with student ID)	\$58.50	\$36	\$357.50	\$106
Adults (18 to 59 years)	\$76.50	\$47	\$467.50	\$137.50
Senior (60+ years)	\$58.50	\$36	\$357.50	\$106
Family (2 adults & unlimited children in the same household)	n/a	\$121	\$1,210	n/a
Track only (all ages)	n/a	\$25	n/a	n/a

*Taxes not included.*

**All admission types have access to:** Drop-in Fitness & Recreation Programs, Pembina Atrium, Atlas Builder Buddies Play Space, Landrex Arena, Fitness Centre and Track.

**Fitness services & personal training options available on page 8.**



### ANNUAL MLC MEMBERSHIP ADVANTAGES

- Discount on registered programs • 12 months for the price of 10
- 4 FREE daily guest passes per year

25126 SH642,  
Sturgeon County  
780-939-3450  
[www.morinville.ca/mlc](http://www.morinville.ca/mlc)

# Fitness & Recreation Spring Schedule

## March 30 to June 28, 2025

» Drop-in ☒ Flex Registration



Morinville  
Leisure Centre  
**780-939-3450**

*Fitness & recreation schedule is subject to change. Please call for the most up-to-date schedule information.*

### Drop-in Recreational Sports

APHR: Atlas Premium Homes Room  
Formerly known as MLC RM 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*NEW</b> Registration is required for ALL fitness and recreation activities, including FlexReg and Drop-in sessions.		» HIRT Bootcamp 6:15 to 7 a.m. (MLC 2)		» HIRT Bootcamp 6:15 to 7 a.m. (MLC 2)		
	» Strong to the CORE 9 to 10 a.m. (MLC 2)	» Silver Shoes 9 to 10 a.m. (MLC 2)	» Step & Strength 9 to 10 a.m. (MLC 2)	» Silver Circuit 9 to 10 a.m. (MLC 2)	» Lift 9 to 10 a.m. (MLC 2)	
	» All ages Pickleball 9 a.m. to 12 p.m. (MLC 3)	<input checked="" type="checkbox"/> Learn to Play Pickleball 10:30 to 11:30 a.m. (MLC 3)	» All ages Pickleball 9 a.m. to 4 p.m. (MLC 3)	<input checked="" type="checkbox"/> Learn to Play Pickleball 10:30 to 11:30 a.m. (MLC 3)	» All ages Pickleball 12 to 4 p.m. (MLC 3)	» All ages Pickleball 8 to 11 a.m. (MLC 3)
» All ages Pickleball 10 a.m. to 12 p.m. (MLC 3)	» Morning HIIT 10:15 to 10:45 a.m. (MLC 2)	» Sit & Fit 10:15 to 10:45 a.m. (MLC 2)	» Chair Yoga 10:15 to 11:15 a.m. (MLC 2)	» Sit & Fit 10:15 to 10:45 a.m. (MLC 2)	» Chair Yoga 10:15 to 11:15 a.m. (APHR)	» Any BODY Bootcamp 9 to 10 a.m. (MLC 2)
Sunday classes will only run until May 11 due to a change in facility hours for the summer.						<input checked="" type="checkbox"/> Kids Movement ABC's 10:30 to 11:15 p.m. (MLC 2)
		<input checked="" type="checkbox"/> Home School Physical Education 11 a.m. to 12 p.m. (MLC 2)		<input checked="" type="checkbox"/> Home School Physical Education 11 a.m. to 12 p.m. (MLC 2)		<input checked="" type="checkbox"/> Child Fitness FUN! 11:30 to 12:15 p.m. (MLC 2)
			» Lunch Hour Tabata 12:15 to 12:45 p.m. (MLC 2)		» Lunch Hour Cardio Circuit 12:15 to 12:45 p.m. (MLC 2)	
Pickleball 5 to 7 p.m. (MLC 3)	» Forever Fit 5:15 to 6 p.m. (MLC 2)	Pickleball 4 to 7 p.m. (MLC 3)	<input checked="" type="checkbox"/> Child/Youth Cross Training 5 to 5:45 p.m. (MLC 2)	<input checked="" type="checkbox"/> Kids TnT. 5 to 5:45 p.m. (MLC 2)		
	» Lift 6:15 to 7:15 p.m. (MLC 2)	» sSteel ABS 6 to 6:45 p.m. (APHR)	» Cardio Circuit 6 to 6:45 p.m. (MLC 2)	» All ages Badminton 5 to 8 p.m. (MLC 3)	» Flex & Flow 6 to 6:45 p.m. (APHR)	» FREE Pembina Youth Activate 4 to 9 p.m.
» All Ages Volleyball 6 to 8 p.m. (MLC 2)		» Zumba 7 to 8 p.m. (MLC 3)	<input checked="" type="checkbox"/> Hatha Yoga 7 to 8 p.m. (MCCC)	» All ages Volleyball 7:30 to 9 p.m. (MLC 2)	<input checked="" type="checkbox"/> Barre 7 to 8 p.m. (APHR)	» Youth Volleyball 6 to 8 p.m. (MLC 2)

## Fitness & Recreation Summer Schedule

# Fitness & Recreation Summer Schedule

## June 29 to August 30, 2025

» Drop-in ☒ Flex Registration



Morinville  
Leisure Centre  
**780-939-3450**

*Fitness & recreation schedule is subject to change. Please call for the most up-to-date schedule information.*

Child/Youth	All Ages	Adults	Adults/Older Adults
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### Drop-in Recreational Sports

APHR: Atlas Premium Homes Room  
Formerly known as MLC RM 2

Sunday (CLOSED)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*NEW</b> Registration is required for ALL fitness and recreation activities, including FlexReg and Drop-in sessions.		» HIRT Bootcamp 6:15 to 7 a.m. (MLC 2)		» HIRT Bootcamp 6:15 to 7 a.m. (MLC 2)		
	» Strong to the CORE 9 to 10 a.m. (MLC 2)	» Silver Shoes 9 to 10 a.m. (MLC 2)	» Step & Strength 9 to 10 a.m. (MLC 2)	» Silver Circuit 9 to 10 a.m. (MLC 2)	» Lift 9 to 10 a.m. (MLC 2)	
	» All ages Pickleball 9 a.m. to 12 p.m. (MLC 3)	<input checked="" type="checkbox"/> Learn to Play Pickleball 10:30 to 11:30 a.m. (MLC 3)	» All ages Pickleball 9 a.m. to 4 p.m. (MLC 3)	<input checked="" type="checkbox"/> Learn to Play Pickleball 10:30 to 11:30 a.m. (MLC 3)	» All ages Pickleball 12 to 4 p.m. (MLC 3)	» All ages Pickleball 8 to 11 a.m. (MLC 3)
		» Sit & Fit 10:15 to 10:45 a.m. (MLC 2)		» Sit & Fit 10:15 to 10:45 a.m. (MLC 2)	» Chair Yoga 10:15 to 11:15 a.m. (APHR)	» Any BODY Bootcamp 9 to 10 a.m. (MLC 2)
	» Forever Fit 5:15 to 6 p.m. (MLC 2)				» Lunch Hour Cardio Circuit 12:15 to 12:45 p.m. (MLC 2)	
	» Lift 6:15 to 7:15 p.m. (MLC 2)	» sTeel ABS 6 to 6:45 p.m. (APHR)	» Cardio Circuit 6 to 6:45 p.m. (MLC 2)	» All ages Badminton 5 to 8 p.m. (MLC 3)	» FREE Pembina Youth Activate 4 to 9 p.m.	
		» Zumba 7 to 8 p.m. (MLC 3)	» Youth Volleyball 7:30 to 9 p.m. (MLC 2)	» Flex & Flow 6 to 6:45 p.m. (APHR)		» Youth Volleyball 6 to 8 p.m. (MLC 2)

## Pembina YOUTH ACTIVATE

Youth ages 12 to 19 receive **FREE ADMISSION**  
to the Morinville Leisure Centre fitness centre and field house,  
Friday nights from **4 to 9 p.m.**, sponsored by Pembina Pipeline Corporation.

*Some restrictions apply. For details, visit: [events.morinville.ca](https://events.morinville.ca)*



# Landrex Arena Dry Floor Schedule

April 14 to August 2

» Drop-in

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*NEW</b> Registration is required for ALL fitness and recreation activities, including FlexReg and Drop-in sessions.				» All Ages Pickleball 9 a.m. to 12 p.m.		» All Ages Pickleball 8 to 11 a.m.
		» All Ages Pickleball 12 to 8 p.m.				
	» All Ages Ball Hockey 3:30 to 5 p.m.		» All Ages Ball Hockey 3:30 to 5 p.m.		» All Ages Ball Hockey 3:30 to 5 p.m.	

## Try a class with NO commitment!



# FlexReg

FlexReg is a user-friendly registration designed to allow you to register only for the fitness, recreation and wellness programs that work best with your busy schedule.

- ✓ Register for ONLY the classes that work for you
- ✓ Ideal for individuals with busy schedules
- ✓ A great way to try a class or program without commitment



Look for this symbol next to programs offering FlexReg

**Starting with the Spring & Summer 2025 programs, you will need to register for ALL fitness and recreation activities, including FlexReg and Drop-in sessions.**

If registration numbers are not met, classes will be cancelled.  
Registration deadline for all programs is one week from the start of the program.



**Morinville**  
LEISURE CENTRE

## FITNESS SERVICES & PERSONAL TRAINING

Member pricing is for annual members. Prices are per person/ per session and do not include GST.

### Morinville Leisure Centre

25126 SH642,  
Sturgeon County  
780-939-3450

[www.morinville.ca/mlc](http://www.morinville.ca/mlc)

8 | [morinville.recdesk.com](http://morinville.recdesk.com)

### Fitness Consultation

This is an opportunity to meet with a certified fitness trainer and receive an individualized workout program that will meet your specific health and fitness goals. One-on-one bookings include a consultation and program design. This appointment takes approximately 90 minutes to complete and includes an active component.

Number of Sessions	Public Fee/Session	Member Fee/Session
1	\$45	FREE

### Individual Personal Training

Our qualified personal trainers will work with you one-on-one to help you achieve your health and fitness goals. Staff will develop an effective and personalized fitness program, complete with support, motivation and progressions to help you remain committed to your goals.

Number of Sessions	Public Fee/Session	Member Fee/Session
1 to 4	\$60	\$53
5 to 8	\$55	\$48
9 to 12	\$50	\$43

### Small Group Personal Training (2 to 4 people)

Do you have family, colleagues or friends with similar fitness goals and schedules? Stay motivated in this supportive environment and save money in a group personal training program. These sessions will include group consultation, program design and training sessions with your personal trainer.

Number of Sessions	Public Fee/ Session 2 people	Public Fee/ Session 3 people	Public Fee/ Session 4 people	Member Fee/ Session 2 people	Member Fee/ Session 3 people	Member Fee/ Session 4 people
1 to 4	\$35/person	\$30/person	\$25/person	\$30/person	\$25/person	\$20/person
5 to 8	\$32.50/person	\$27.50/person	\$22.50/person	\$27.50/person	\$22.50/person	\$17.50/person
9 to 12	\$30/person	\$25/person	\$20/person	\$25/person	\$20/person	\$15/person

### Large Group Sport Team/Dry Land Personal Training (5–25 people)

Whether preseason, postseason or during the season, prepare and improve your team’s performance with personalized dryland training! These training sessions include sport specific training and fitness assessment with a qualified personal trainer. **A minimum of 4 sessions must be booked.**

Number of Sessions	60 Minute Session	90 Minute Session
1	\$100	\$160

### Fitness Assessment (90 minutes)

Meet with a qualified personal trainer for an in-depth fitness appraisal and assessment. Testing may include muscular strength, endurance, flexibility, aerobic power and body composition. Your results will help tailor a personalized program to help attain your goals.

Number of Sessions	Public Fee/Session	Member Fee/Session
1	\$97.50	\$85.50

### Fitness Orientation (Free for Members)

MLC members receive a generalized introduction to the fitness centre, track, field house and fitness equipment. Orientation also includes an overview of all rules and etiquette. Visit our website or contact MLC Guest Services at 780-939-3450 for the current drop-in Fitness Orientation schedule.

- Fitness orientations are mandatory for youth between the ages of 12 to 15 years old.
- Once a youth has completed the fitness orientation, they will be given a shoe tag which must always be visible when using the fitness equipment.

Number of Sessions	Public Fee/Session	Member Fee/Session
1	Drop-In Admission	FREE

Call to get started: 780-939-3450



# ALL AGES

Events  
Programs  
Fitness & Recreation





## EVENTS

### Block Parties

Block parties are a great way to celebrate with your neighbours and build a strong sense of community, connectedness and a culture of care. Getting to know your neighbours is a great way to increase neighbourhood pride, safety, and build support systems and networks. For more information about block parties and available resources, visit [www.morinville.ca/blockparties](http://www.morinville.ca/blockparties).

### ParticipACTION Community Challenge

Join the ParticipACTION Community Challenge this June and help Morinville become Canada's Most Active Community! It's a month-long event where every minute of physical activity—whether it's walking, biking, or doing sports or fitness classes—counts. By joining in, you'll not only improve your own health, but also help Morinville win \$100,000 for local sports and fitness programs. Let's get moving and show everyone what Morinville can do! For more info, visit [events.morinville.ca](http://events.morinville.ca).

### Pitch-in Community Clean Up

Join us in cleaning, restoring and beautifying Morinville! Whether you're a school, resident or local club, we need your help to make our community shine. This is a great opportunity to give back and make a positive impact on our environment. To get involved, please call Community Services at 780-939-7839.

### Morinville Community Parks and Trails

Apr 22 to 27

*Free, registration required.*

### Pride Picnic in the Park

Gather your friends and family, pack a lunch and come down to the park to enjoy family-friendly entertainment including live drag performances, live music and more. Join us to celebrate inclusion, diversity and community!

### Ray McDonald Sports Grounds

Sunday | Jun 8 | 1 to 4 p.m.

*Free, drop-in.*

### Town Wide Garage Sale

Join us in the parking lot of the Morinville Leisure Centre (MLC) to enjoy some shopping and/or download the individual community garage sale map to shop throughout Morinville. Stalls can be rented at the MLC for \$20 per stall. For more information about the garage sale, to rent a stall at the MLC or have your address listed on the downloadable map for free, visit [events.morinville.ca](http://events.morinville.ca). This event will run rain or shine!

### Morinville Leisure Centre and residential homes located in Morinville

Saturday | May 24 | 8 a.m. to 3 p.m.

*\$20 per stall at MLC, registration required.  
Registration required to be placed on map.*

### Yards in Bloom

Showcase your gardening skills and help beautify Morinville! The Yards in Bloom program returns this summer, celebrating community spirit and vibrant outdoor spaces. For event details and updates, follow us on Facebook: [facebook.com/townofmorinville](https://facebook.com/townofmorinville) or visit our website: [events.morinville.ca](http://events.morinville.ca).

### Morinville Festival Days

Enjoy a pancake breakfast with Mayor and Council, and a Festival Fun Zone featuring laser tag, 9-hole mini golf, train rides, inflatables, candy carnival, food trucks (\$) and live entertainment. The line up also includes a Friday night live band family dance, a licenced 18+ concert (\$) featuring BC/DC – the ultimate AC/DC Tribute Band, Morinville Firefighter Combat Challenge and NAPA Morinville Show 'N Shine, plus enjoy a variety of events and activities hosted by local community groups and so much more! For event schedule and updates, please visit [www.morinville/festivaldays](http://www.morinville/festivaldays).

### Various locations throughout Morinville

Jun 13 to 15

*Free, unless otherwise noted \$.*

### National Indigenous People Day

Recognized to celebrate the heritage, culture, language and beliefs of our First Nations, Inuit and Métis people, come learn and experience Indigenous culture. This free community event features Teepee

If finances are a barrier for attending Town programs, please contact Morinville FCSS or Morinville Community Services at 780-939-7839 or fcss@morinville.ca. Subsidies are available to help.

Teachings and Formal Program with speakers, drumming, dancing and celebration.

### Morinville Community Cultural Centre

Friday | Jun 20 | 9:30 a.m. to 12 p.m.

Free, drop-in.

### Canada Day

**Presented by Ashley Moore Realty - Century 21 Masters**  
Celebrate Canada Day in Morinville at the Ray McDonald Sport Grounds and Splash Park. Enjoy a variety of free activities and entertainment including a foam party, inflatables, live entertainment, face painting, photo booth, games and fantastic door prizes.

### Ray McDonald Sport Grounds and Splash Park

Tuesday | Jul 1 | 12 to 3 p.m.

Free, drop-in.



## TOWN PROGRAMS

### NEW Bead-wrapped Tassel Keychain

Try something new, make a bead-wrapped Tassel Keychain for your bag, purse or as a gift. This class makes a great gift or as a fun get-together with friends. Participants under the age of 18 must be accompanied by an adult. Price is per keychain, not per person.

### Morinville Community Cultural Centre

Wednesday | May 21 | 6:30 to 8:30 p.m.

Instructor: Sarah Hall

\$25 per keychain, registration required.

### Beginner Wood Working – Book/Tablet Stand

With the guidance of an expert carpenter, you will build a stand to hold the pages in your book, phone and mug, all in style! This workshop is a great activity for the family and makes a great gift (Mother's Day). Participants will need a hammer, all other supplies provided. Participants under 18 must attend with an adult. Program fee is per stand, not per person.

### Morinville Community Cultural Centre

Wednesday | May 7 | 6:30 to 8:30 p.m.

Instructor: Andrew Webb

\$40 per stand, registration required.

### Beginner Wood Working – Candy Dispenser

With the guidance of an expert carpenter, you will build a unique and operational candy dispenser! This workshop is a great activity for the family and makes a great gift (Father's Day). Participants will need to bring a hammer; all other supplies are provided. Participants under 18 must attend with an adult. Program fee is per dispenser, not per person.

### Morinville Community Cultural Centre

Thursday | Jun 5 | 6:30 to 8:30 p.m.

Instructor: Andrew Webb

\$40 per dispenser, registration required.



Celebrate

## Canada Day in Morinville

Presented by Ashley Moore Realty - Century 21 Masters

**Tuesday, July 1, 12 to 3 p.m.**

**Ray McDonald Sports Grounds, 9908 104 Street**

**FREE activities, entertainment, plus more!**



For details, visit:  
**events.morinville.ca**

### Planter Box Workshop

With the guidance of an expert carpenter, you will build and take home a wooden planter box for your deck or patio. This workshop is a great activity for the family and makes a great gift. Participants will need to bring a hammer; all other supplies are provided. Participants under 18 must attend with an adult. Program fee is per planter box, not per person.

### Morinville Community Cultural Centre

Thursday | Apr 3 | 7 to 9 p.m.

Instructor: Andrew Webb

\$44 per planter box, registration required.



## Library Programs

Morinville Community Library  
10125 100 Avenue  
[www.morinvillelibrary.ca](http://www.morinvillelibrary.ca)

### All Booked Up

Ages 13+

Each box contains a book, treats and other fun items. You get to keep everything except the library book and the box. Spots are limited and run on a three-month cycle.

### Morinville Community Library

Pick up: 1st of the month | Return: last day of the month

Free, library card and registration required.

### Summer Reading Program

Get ready to read as much as possible this summer! There will be prizes for top readers in each age group,

winning teams, and more. Stay tuned for details on this year's theme and key dates coming soon.

### Morinville Community Library

Jul 1 to Aug 17

Free, registration required through Beanstack.

*Starting with the Spring & Summer 2025 programs, you will need to register for all fitness and recreation activities, including FlexReg and Drop-in sessions.*



## FITNESS & RECREATION

### All Ages Ball Hockey (Drop-in)

Join us for all-ages ball hockey at the MLC. This is open to all skill levels.

### Morinville Leisure Centre, Landrex Arena

Mondays, Wednesdays, Fridays | Apr 14 to Aug 1 | 3:30 to 5 p.m.

Fee included with MLC membership or daily admission fee.

### Badminton (Drop-in)

Played with lightweight rackets and a shuttlecock, this is a great game for improving agility, hand-eye coordination and stamina. Open to players of all ages and skill levels. Equipment is available for use.

### Morinville Leisure Centre, Court 3

Thursdays | Apr 3 to Aug 28 | 5 to 8 p.m.

Fee included with MLC membership or daily admission fee.



# PARADISE ACRES RANCH

Changing Lives Through Horses



All Ages · No experience needed  
(587) 599-9547  
10 km from St. Albert



**Learn to Play Pickleball** ✓

Whether you are picking up a paddle for the first time or refining your skills, our Learn to Play program is your gateway to a fun and active Pickleball experience.

**Morinville Leisure Centre, Court 3**

Tuesdays & Thursdays | Apr 1 to Aug 28 |

10:30 to 11:30 a.m.

Instructor: Dar Schwanbeck

MLC members free, non-members \$10/class.

**Pickleball Field House (Drop-in)**

A fun sport that combines many elements of tennis, badminton and ping-pong on a badminton-sized court. Join us and play singles or doubles. Paddles and balls available.

**Morinville Leisure Centre, Court 3**

Sundays | Mar 30 to May 11 | 10 a.m. to 12 p.m.

Sundays | Mar 30 to May 11 | 5 to 7 p.m.

Mondays | Mar 31 to Aug 25 | 9 a.m. to 12 p.m.

Tuesdays | Apr 1 to Aug 26 | 4 to 7 p.m.

Wednesdays | Apr 2 to Aug 27 | 9 a.m. to 4 p.m.

Fridays | Apr 4 to Aug 29 | 12 to 4 p.m.

Saturdays | Apr 5 to Aug 30 | 8 to 11 a.m.

Fee included with MLC membership or daily admission fee.

**Pickleball Dry Arena (Drop-in)**

A fun sport that combines many elements of tennis, badminton and ping-pong on a badminton-sized court. Join us and play singles or doubles. Paddles and balls available.

**Morinville Leisure Centre, Dry Arena**

Tuesdays | Apr 15 to Jul 29 | 12 to 8 p.m.

Thursdays | Apr 17 to Jul 31 | 9 a.m. to 12 p.m.

Saturdays | Apr 16 to Aug 2 | 8 to 11 a.m.

Fee included with MLC membership or daily admission fee.

**Volleyball (Drop-in)**

Come spike, serve and have an exciting time on the court – where every game is a chance to explore new experiences and connections!

**Morinville Leisure Centre, Court 2**

Wednesdays | Apr 2 to Aug 27 | 7:30 to 9 p.m.

Fee included with MLC membership or day admission fee. ■

Ages 5 to 12

2025

**BIKE  
RODEO**

**Thursday, May 8**  
**5:30 p.m.**

**Morinville Leisure Centre,**  
25126 SH642, Sturgeon County

Prepare for the summer! Boost your riding safety and master some new techniques. Morinville Community Safety Services and partners are pleased to bring you this amazing annual bicycle safety event for children.



For details and  
to register, visit:  
[events.morinville.ca](http://events.morinville.ca)

**Morinville Splash Park**

Open daily from mid May to early September  
(weather permitting), 10 a.m. to 8 p.m.

**9908 104 Street**

at the Ray McDonald Sports Center Grounds  
Various spray structures | Picnic area  
Beach volleyball courts  
Play structure | Gazebo



The perfect way to cool down  
on a hot summer day!  
[www.morinville.ca/splashpark](http://www.morinville.ca/splashpark)



**REGISTER NOW**

**Does your child wish to develop athletic skills while attending school?**

Greater St. Albert Sports Academy is based on the philosophy that students can learn through sports to maintain or improve academic standing and sports skills simultaneously. Our Sports Academy promotes lifelong physical literacy, and physical health, in an environment that will benefit the mental health of our students.



**Your Future's Playbook Starts Here!**  
[sportsacademy.gsacrd.ab.ca](https://sportsacademy.gsacrd.ab.ca)

# CHILD & YOUTH

Events  
Programs  
Fitness & Recreation





## EVENTS

### Bike Rodeo

**Ages 5 to 12**

Morinville Enforcement Services and their partners are excited to offer a free bicycle safety event for kids. Participants will learn how to ride safely, practice proper techniques, and understand the laws related to biking. More experienced riders will have the chance to ride with an officer and work on advanced skills.

**Morinville Leisure Centre, Landrex Arena**

Thursday | May 8 | 5:30 p.m.

*Free, registration required.*

### Rock the Rails

**Presented by Linda Getzlaf RE/MAX Real Estate**

**Ages 6 to 17**

Bring your own ride to the park and practice your skills. Skateboards, bikes and scooters welcome. Get creative and paint the park, enter fun contests and check out cool demos. All youth must have a helmet to ride in the sport park.

**Bob Foster Extreme Sport Park**

Friday | Aug 15 (rainout date Aug 22) | 3:30 to 7 p.m.

*Free, drop-in.*



Gather your friends and cool down this summer at our fantastic splash park:  
[www.morinville.ca/splashpark](http://www.morinville.ca/splashpark)



## TOWN PROGRAMS

### After School Hangout

**Grades 3 to 6**

Join us after school on Tuesdays for a semi-structured program that includes a variety of planned activities, such as art, games, creative nights and more. Youth in Grades 3 to 6 can make new friendships and enjoy activities together!

**Morinville Community Cultural Centre, Youth Loft**

Tuesdays | Apr 8 to Jun 3 | 3 to 5:30 p.m.

Instructor: FCSS Youth Program Leaders

*Free, registration required.*

### Confident Kids Public Speaking Skills

**Ages 8 to 12**

Public speaking is a top fear-but it doesn't have to be! This fun and interactive workshop to help improve confidence and comfort with public speaking. Participants learn the five steps to becoming a more confident communicator. Whether it's giving a presentation, answering a question in class or making new friends, you'll be ready to shine!

**Morinville Community Cultural Centre**

Thursdays | Jun 5 & 12 | 5:15 to 6:15 p.m.

Instructor: Project Five

*\$45, registration required.*



## NATIONAL INDIGENOUS PEOPLES DAY

***Celebrate with us***  
**Friday, June 20, 2025**  
**9:30 a.m. to 12 p.m.**

**Morinville Community Cultural Centre**  
**9502 100 Avenue, Morinville**

Please join us for a special celebration of culture. This is a free drop-in event.



For details, please visit:  
[events.morinville.ca](http://events.morinville.ca)

If finances are a barrier for attending Town programs, please contact Morinville FCSS or Morinville Community Services at 780-939-7839 or fcss@morinville.ca. Subsidies are available to help.

### Confident Teens Public Speaking Skills

**Ages 13 to 17**

Public speaking is a top fear-but it doesn't have to be! This fun and interactive workshop to help improve confidence and comfort with public speaking. Participants learn the five steps to becoming a more confident communicator. Whether it's giving a presentation, answering a question in class or making new friends, you'll be ready to shine!

**Morinville Community Cultural Centre**

Thursdays | Jun 5 & 12 | 6:30 to 7:30 p.m.

Instructor: Project Five

\$45, registration required.

### Face Paint Like a Pro

**Ages 9 to 17**

From butterflies and dragons to tigers and spiders, learn the tricks of the trade from a professional face paint artist. This class will teach participants how to paint a variety of expert faces, plus all participants will receive a professional grade face paint kit and tools for class use and to share their new face painting talents.

**Morinville Community Cultural Centre**

Thursdays | May 1 to 15 | 6 to 7:30 p.m.

Instructor: LOL Face Painting

\$65, registration required.

### Leaders In Training (LITs)

#### Summer Camp Experience

Youth ages 13 to 17 who have completed grade 6 can apply for the Leaders in Training (LIT) program to develop leadership skills, gain practical experience and earn leadership hours while assisting summer camp leaders. Applicants must commit to volunteer at least 35 hours (one full camp week) and attend training. Placement interviews will be held in June to discuss experience, availability and expectations.

**Requirements:** Must be able to commit to one full week of camp (35 hours) and attend LIT training once, per registered program.

Instructor: FCSS Youth Program Leaders

Free, registration required.



**Morinville**  
**DOG**  
**PARK**

- Separate areas for large and small dogs
- Fenced perimeter with double gate access

10621 107 Street, Morinville



### Bob Foster Extreme Sport Park

107 Avenue and 107 Street

Open daily from early spring to late fall  
(weather permitting)

#### The Bob Foster Extreme Sport Park Includes:

13,000 square feet of riding surface | Ramps | 8 foot bowl

One of the best skateboard, scooter and bike parks in the region!

[www.morinville.ca/skatepark](http://www.morinville.ca/skatepark)



# SUMMER CAMPS

**Junior: Ages 6 to 8    Senior: Ages 9 to 12**

**July 7 to August 22**  
**Morinville Community Cultural Centre**  
**9 a.m. to 4 p.m.**

**\$175 per youth/per 5-day week,**  
**\$140 per youth/per 4-day week**  
**Registration required.**

**For details and to register, visit:**  
**[events.morinville.ca](https://events.morinville.ca)**



**Morinville**



Family and Community  
Support Services

## Atlas Builder Buddies Play Space



Located inside the Morinville Leisure Centre, the Atlas Builder Buddies Play Space is a fun, interactive spot for young kids to explore and play!

**Socialize and make  
new friends**

**Perfect rainy day  
adventure**



**Morinville Leisure Centre**  
25126 SH642, Sturgeon County  
[www.morinville.ca/mlc](http://www.morinville.ca/mlc)

## Child & Youth

*\*All unparented youth drop-in programs now require a one-time registration and signed consent form from a guardian. The signed forms will remain valid for the remainder of the program year.*

### Lunch at the Loft – Spring 2025 (New Dates)

**Grades 9 to 12**

If you want a chill space to enjoy your lunch break, come join us in the Loft in the Morinville Community Cultural Centre. Enjoy free Wi-Fi, play pool and watch TV while you hang out on the couches and eat your lunch.

#### Morinville Community Cultural Centre, Youth Loft

Mondays to Thursdays, starting Apr 7 |

Lunch break on regular school days

Instructor: FCSS Youth Program Leaders

*Free, drop-in. \*Signed consent form required from guardian.*

### NEW Teen Summer Day Trips

**Ages 13 to 17**

Join us throughout the summer for day trips just for teens that will offer new experiences and fun-filled escapes from the ordinary. Teens will explore cool destinations, make friends and create lasting memories! More details to follow but save the dates!

#### Morinville Community Cultural Centre for pick up

Wednesdays | Jul 9, Jul 23, Aug 6, Aug 20 |

10 a.m. to 4 p.m.

Instructor: FCSS Youth Program Leaders

*\$35, registration required.*

### M.Y. Loft (New Dates)

Come after school for various activities each Monday, Wednesday and Thursday. We have all sorts of activities and there is something for every youth. Play pool, make art and participate in the theme of the night. This is a safe space to hang out with your friends and peers.

#### Morinville Community Cultural Centre, Youth Loft

**Grades 7 to 12**

Wednesdays & Thursdays | Apr 9 to Jun 5 |

3 to 5:30 p.m.

**Grades 9 to 12**

Mondays | Apr 7 to Jun 2 (school days only) |

3 to 5:30 p.m.

FCSS Youth Program Leaders

*Free, drop-in. \*Signed consent form required from guardian.*

You have the potential to excel in every subject, improve your life, and land your dream job!

It all starts with...

Online and In-Person  
Options Available!



The Eureka Effect  
with Jr. and Sr. High  
School Subjects!

Lomita Tutoring

Lomita Tutoring is a local small business that supports students from elementary to university with personalized tutoring in various subjects. Offering both remote and in-person sessions, we use the latest technology, such as virtual classes, session recording, and annotated lessons to enhance learning and track your progress! Our flexible approach ensures each student's academic growth and confidence!

### We Can Help You In:

Math

Grades 7, 8, 9, 10C, 20-1, 20-2, 30-1, 30-2, 31

Science

7, 8, 9, 10, 20, 30

Chemistry, Physics, Biology  
20, 30

English

Grades 5 - 12

Social Studies

Grades 10 - 12

\*\* Includes AP and IB Courses! \*\*

Need help with other subjects?  
Reach out TODAY to inquire!

Call/Text Us:

(587) 984 - 9466



Scan Me  
Now!



### National Youth Week

**Ages 11 to 17**

Join us for a week of exciting activities to celebrate the youth in our community!

**Various locations throughout Morinville**

May 5 to 9 | Various times

Visit [events.morinville.ca](http://events.morinville.ca) for full list of activities.

### Recipe for Happiness

**Grades 3 to 6 & volunteers 14+**

Share cooking skills while connecting with mentors in our community! Recipe for Happiness is led by our Leaders in Training and is an event that ties together community members and youth to have a few laughs and enjoy some delicious food.

**Morinville Community Cultural Centre**

Tuesday | May 27 | 3:30 to 5:30 p.m.

Instructor: FCSS Youth Program Leaders

*Free, registration required. This is part of our After School Hangout program with limited child registration.*

### Summer Day Camps

**Junior: Ages 6 to 8** (must be 6 yrs old by start of camp)

**Senior: Ages 9 to 12**

Keep your child busy throughout the summer with weekly themed camps that are sure to spark their interest and keep them wanting to come back for more. Each week will contain activities including crafts, games and an off-site field trip on Fridays! Participants are required to bring snacks, lunch, a water bottle, sunscreen, bug spray, and to dress appropriately. All other materials included.

**Morinville Community Cultural Centre**

Drop-off: 8:30 to 9 a.m. | Pick up 4 to 4:30 p.m.

Instructor: FCSS Summer Camp Leaders

*\$175 for full week camps, \$140 for 4-day week camp, registration required.*

### Imagination Station

Jul 7 to 11

Unleash your creativity with painting, clay modelling, and fun craft projects. Young artists will love expressing themselves through a variety of colourful activities.



**Create with us!**

**We have a blast...**

- Socializing with & learning from each other
- Making all types of art
- Learning from master artists
- Learning new techniques
- Showing off our art around Morinville

**All Skill Levels Are Welcome!**

Ages 16+

**Tuesday Evenings**  
At the MCCC

Fall – 12 sessions  
Winter/Spring – 12 sessions

Check us out  
 **Morinville Art Club**

For more info, email us at  
[morinvilleartclub18@gmail.com](mailto:morinvilleartclub18@gmail.com)

 MORINVILLE ART CLUB

### Camp Wild & Free

Jul 14 to 18

Spend a week immersed in nature, exploring the wilderness and discovering the wonders of the great outdoors!

### Mad Scientists in Motion

Jul 21 to 25

Get ready to unleash your curiosity in the most explosive way! Explore mind-blowing experiments, hands-on activities and thrilling science experiments.

### Ultimate Games Showdown

Jul 28 to Aug 1

Get your game face on for a high-energy week packed with non-stop action! From team sports to fun group games and epic playground challenges.

### Jungle Explorers

Aug 5 to 8

Embark on an exciting jungle safari as you discover wild creatures, learn about their habitats and unlock the mysteries of the animal kingdom.

### Camp Mystery

Aug 11 to 15

Work together to solve secrets and crack codes in this suspense-filled camp that will keep you on the edge of your seat.

### Splish Splash Bash

Aug 18 to 22

Dive into a wave of fun with this action-packed water adventure! It's the ultimate summer splash-fest you won't want to miss!

### Summer Travelling Adventure

Ages 6 to 12

Join us every week to learn crafts and participate in fun outdoor activities for youth within Morinville's community parks. This drop-in program will keep participants engaged and active. They will learn fundamental movements skills. For event details and updates, follow us on Facebook: facebook.com/townofmorinville or visit our website: events.morinville.ca.

### Morinville Community Parks

Monday to Thursday | Jul 7 to Aug 21 | 9:30 to 11:30 a.m.

Free, drop-in.



THE FATHER'S HOUSE CHURCH

SUNDAY SERVICES 9:30 AM & 11:30 AM

## Impact Youth

Join us at Impact Youth every Friday from 7:00-9:30pm! Students in grades 7-12 are invited for a night of fun games, new friends, and engaging youth services. Follow us on Instagram @tfh\_impact for all the latest dates, events, off-site trips, and service nights! Don't miss out on the excitement!

**PLAY CAFE**  
PARENTS & TODDLERS

Starting September 18, drop by PlayCafe every Wednesday from 10:00-11:30am! PlayCafe is for parents and guardians with infants and toddlers. While the children enjoy supervised playtime with volunteers, parents can relax with coffee and engage in meaningful conversations. For updates on PlayCafe and to connect with other parents, join our Facebook group.

FOR MORE INFORMATION GO TO [TFHCHURCH.CA](http://TFHCHURCH.CA)  
FOLLOW US ON FACEBOOK AND INSTAGRAM @TFHCHURCH.CA

55521 RANGE ROAD 254 STURGEON COUNTY  
780-232-0122



## Library Programs

Morinville Community Library  
10125 100 Avenue  
[www.morinvillelibrary.ca](http://www.morinvillelibrary.ca)

### NEW Community Craft

Ages 0 to 8

Visit the library each month to pick up a free take-home craft kit! While the crafts are designed for preschoolers, anyone is welcome to grab a kit. Each craft is accompanied by a how-to video, made available on our YouTube channel or Facebook page.

**Morinville Community Library**

1st Thursday of each month

*Free, while supplies last.*

### Cozy Corner Storytime

Ages 0 to 8 & caregivers

Songs, stories, rhymes, and fun! This parented program supports early literacy with age-appropriate stories, sing-a-longs and rhymes.

**Morinville Community Library Children's Corner**

Thursdays | Year-round | 10:30 to 11 a.m.

*Free, drop-in.*

### NEW Cozy Corner Storytime: Weekend Edition

Ages 0 to 8 & caregivers

Songs, stories, rhymes and fun! This parented program supports early literacy with age-appropriate stories, sing-a-longs and rhymes.

**Morinville Community Library Children's Corner**

Saturdays | Year-round | 2 to 2:30 p.m.

*Free, drop-in.*



## Free Trial Classes Available Rooke School of **Karate**



CHILD(4-5), YOUTH(6-12), Teen & Adult Instruction



FLEXIBILITY



SELF CONFIDENCE  
&  
DISCIPLINE



CONDITIONING

**Master Instructor Sensei Steve Rooke**

**Ph: 780-939-2270**

**[www.rookekarate.com](http://www.rookekarate.com) email: [info@rookekarate.com](mailto:info@rookekarate.com)**

**Located at 9610B Morinville Drive, Morinville, AB**



# Book your **Party** today!



## Party Packages

### Atlas Builder Buddies Play Space & Meeting Room

Enjoy one hour of playtime in the Children's Play Space + access to one of our meeting rooms for your full two hour booking.

**\$80+GST**

### \*Field House & Atlas Premium Homes Room or Sturgeon County Room

Enjoy one hour of playtime on a single court in the Fieldhouse + access to one of our meeting rooms for your full two hour booking.

**\$95+GST**

### Landrex Arena & Meeting Room

Enjoy one hour of surface playtime in the Landrex Arena + access to one of our meeting rooms for your full two hour booking.

**\$200+GST**

*Meeting rooms accommodate up to 20 OR 30 people and include tables and chairs.*

**\*Field House party packages include access to the following equipment:**

Nerf equipment • basketball • volleyball • soccer • badminton • floor hockey • parachute • soft foam balls • gymnastic mats • hula hoops



**For party package details and pricing, call 780-939-7641,  
email [bookings@morinville.ca](mailto:bookings@morinville.ca) or visit [www.morinville.ca/mlc-rentals](http://www.morinville.ca/mlc-rentals)**

**Morinville Leisure Centre | 25126 SH642, Sturgeon County, AB**

# HERITAGE ARTS CULTURE

Visit the Musée Morinville Museum to experience the heritage, culture, and arts in the community. Learn about the founding families and pioneer life. Explore local history by browsing the exhibits.

## **Musée Morinville Museum**

Open Wednesday to Saturday,  
12 p.m. to 5 p.m.

10010-101 Street, Morinville  
780-572-5585

[www.museemorinvillemuseum.com](http://www.museemorinvillemuseum.com)



## NEW Creation Station for Teens: Altoid Box Bookshelf

**Ages 12 to 17**

Use your imagination and make an adorable miniature bookshelf out of an Altoid box!

**Morinville Community Library**

Saturday | Apr 12 | 12:30 to 3:30 p.m.

*Free, registration required (limited spaces).*

## NEW Mario Party Tournament

**Ages 12 to 17**

Join us, in partnership with the Town of Morinville, at a Mario Party Tournament in celebration of Youth Week! Bring your friends and compete to collect the most stars. Prizes will be awarded for the top three places, and we'll have snacks for everyone.

**Morinville Community Library**

Tuesday | May 6 | 6 to 8 p.m.

*Free, registration required.*

## Minecraft Club

**Ages 8 to 15**

Join our cooperative, moderated community of Creative and Survival Minecraft players by connecting to our server from the comfort of your own home! Participants will learn coding skills and digital citizenship, while connecting with like-minded players from all over the Sturgeon County area.

**Online: [my-mcl.info/minecraftclub](http://my-mcl.info/minecraftclub)**

Tuesdays | Year-round | 5:30 to 7 p.m.

*Free, registration required.*

## NEW Teen Night

**Ages 12 to 17**

Teen Night is all about you! Come hang out in our program room for a mix of activities like movies, TV shows, crafts, video games, tabletop games and more. Snacks and drinks are provided.

**Morinville Community Library Program Room**

2nd, 3rd and 4th Thursday of each month | 6 to 8 p.m.

*Free, drop-in.*

*Starting with the Spring & Summer 2025 programs, you will need to register for all fitness and recreation activities, including FlexReg and Drop-in sessions.*



## FITNESS & RECREATION

### Child/Youth Cross Training

**Ages 8 to 13**

Opportunity for youth to use moveable fitness equipment safely, under guidance, to level up in their chosen sport. This program is geared towards youth not yet accessing the fitness centre.

**Morinville Leisure Centre, Court 2**

Wednesdays | Apr 9 to Jun 25 | 5 to 5:45 p.m.

Instructor: Terri Williams

*MLC members \$8/class, non-members \$10/class.*



**Fully Licensed & Accredited by Alberta Childcare**

**Highly Qualified and Certified Teachers**

**Affordable Rates & Subsidy Accepted**

**Large Indoor & outdoor Play Area**

**Hours of Operations 7 AM -6 PM, Transportation Available, Convenient Location**

**Address : 10601 100 Ave, Morinville AB, T8R1A2**

**email us : [info@morinvillechildcare.ca](mailto:info@morinvillechildcare.ca) or call us @ 780-385-6064**



# 2025 Morinville Festival Days

**June 13 to 15**

**FESTIVAL DAYS  
KICKOFF  
DANCE PARTY**

**FREE PANCAKE  
BREAKFAST**  
with Mayor and Council

**FESTIVAL FUN ZONE**

Train rides, laser tag, balloon artist,  
mini golf, entertainment, plus more!

**BC/DC - AC/DC tribute band**

Morinville Firefighter  
**COMBAT CHALLENGE**



For full list of events and schedule,  
scan QR code or visit:

**[morinville.ca/festivaldays](http://morinville.ca/festivaldays)**



**NAPA SHOW N' SHINE**

**PICNIC BINGO**

Chance to WIN great prizes!

**PLUS MANY MORE EVENTS  
AND ACTIVITIES**

hosted by local community groups

Visit to learn about great  
**VOLUNTEER** and **SPONSORSHIP**  
opportunities for this event!

Morinville  
**Festival  
Days**

**KICKOFF**  
*Dance Party*

**ALL  
AGES**

**Featuring Calico Road**

A hype band dropping the hottest top 40 jams,  
country hits and today's epic pop!

**Friday, June 13**  
6:30 to 9:30 p.m.

Morinville Community Cultural Centre,  
9502 100 Avenue

Visit [morinville.ca/festivaldays](http://morinville.ca/festivaldays) to get your  
**FREE TICKETS!**

**18+  
Licensed  
Concert**



*Canada's favourite rock n' roll salute to AC/DC  
is coming to Morinville Festival Days!*



**BC/DC**

**AC/DC TRIBUTE BAND**

**Saturday, June 14**

Morinville Community Cultural Centre,  
9502 100 Avenue

**Happy Hour**  
6 to 7:30 p.m.

**Gourmet Burger Bar**  
6:30 to 8 p.m.

**Concert**  
8 p.m.

**TICKETS AVAILABLE STARTING APRIL 15**



Advance tickets **\$55**<sup>+GST</sup>  
(April 15 to May 15)

Regular tickets **\$61**<sup>+GST</sup>  
(May 16 to June 14)

To purchase tickets, scan QR code or visit:  
**[morinville.ca/festivaldays](http://morinville.ca/festivaldays)**

**SPRING SEASON  
NOW OPEN**

REGISTRATION IS ON A FIRST  
COME FIRST SERVE BASIS

U7 -2018-19  
U9- 2016-17  
U11- 2014-15  
U13- 2012-13  
U15- 2010-11  
U18-2008-09



MORE INFO  
[WWW.MORINVILLEYOUTHBASKETBALL.COM](http://WWW.MORINVILLEYOUTHBASKETBALL.COM)

### Child Fitness Adventures ✓

**Ages 7 to 11**

Higher intensity revolving weekly sports with an intro to physical literacy.

**Morinville Leisure Centre, Court 2**

Tuesdays | Apr 8 to Jun 24 | 5 to 5:45 p.m.

Instructor: Terri Williams

MLC members \$8/class, non-members \$10/class.

### Child Fitness FUN! ✓

**Ages 7 to 11**

Lower intensity and revolving weekly sports. Making fitness fun with no pressure.

**Morinville Leisure Centre, Court 2**

Saturdays | Apr 12 to Jun 21 | 11:30 a.m. to 12:15 p.m.

Instructor: Terri Williams

MLC members \$8/class, non-members \$10/class.

### Home School Physical Education ✓

**Ages 5 to 13**

Designed for home schoolers, this flexible program will focus on health, fitness and sports. Activities are age appropriate and include fundamental movement, physical literacy skills, individual and team play. The goal of the program is to help students live an active lifestyle and build lifelong healthy habits and skills.

**Morinville Leisure Centre, Court 2**

Tuesdays | Apr 8 to Jun 24 | 11 a.m. to 12 p.m.

Thursdays | Apr 10 to Jun 26 | 11 a.m. to 12 p.m.

Instructor: Michelle Logan

MLC members \$8/class, non-members \$10/class.

### Kids Movement ABC's ✓

**Ages 3 to 6**

Kids Movement ABC's is an interactive program for children aged 3-6, focusing on fundamental movement skills through playful activities. This class encourages coordination, balance and agility, while promoting social skills and creativity. Kids will develop a strong foundation for physical literacy in a fun and engaging environment.

**Morinville Leisure Centre, Court 2**

Saturdays | Apr 12 to Jun 21 | 10:30 to 11:15 a.m.

Instructor: Terri Williams

MLC members \$8/class, non-members \$10/class.

**Summer**

**Travelling Adventure**

**Tuesdays & Thursdays**

**July 7 to August 21**

Youth (ages 6 to 12), join us for our  
**FREE DROP-IN**  
program located at parks  
throughout Morinville!



For details, follow us on Facebook:  
[facebook.com/townofmorinville](https://facebook.com/townofmorinville) or  
visit our website: [events.morinville.ca](http://events.morinville.ca)

## Kids TnT. ✓

**Ages 3 to 6**

This engaging class combines teamwork, movement and basic fitness skills through games and activities, fostering a love for physical activity. Kids will build strength, coordination and confidence in a supportive and enjoyable environment.

### Morinville Leisure Centre, Court 2

Thursdays | Apr 10 to Jun 26 | 5 to 5:45 p.m.

Instructor: Terri Williams

MLC members \$8/class, non-members \$10/class.

## Pembina Youth ACTIVATE (Drop-in)

**Ages 12 to 19**

Sponsored by Pembina Pipeline Corporation, enjoy free admission to the MLC fitness centre and field house every Friday night. Get active and have fun with your peers!

### Morinville Leisure Centre

Fridays | Apr 4 to Aug 29 | 4 to 9 p.m.

Free, drop-in.

## Teen Gym 101 (Drop-in)

**Ages 12 to 16**

Help your teen develop confidence in a fitness setting. Learn proper lifting techniques, form, tempo, progressions and regressions.

### Morinville Leisure Centre, Fitness Centre

Every second Tuesday | Apr 1 to Aug 19 | 7 to 8 p.m.

Every second Thursday | Apr 10 to Aug 28 |

3:30 to 4:30 p.m.

Instructor: Terri Williams

Fee included with MLC membership or daily admission fee.

## Youth Volleyball (Drop-in)

**Ages 12 to 17**

Spike, serve and have a fun time on the court – where every game is a chance for new experiences and connections!

### Morinville Leisure Centre, Court 2

Saturdays | Apr 5 to Aug 30 | 6 to 8 p.m.

Fee included with MLC membership or daily admission fee. ■

## Live Demos • Paint the Park • Vendor Booths • Prizes



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# ADULT

Events  
Programs  
Fitness & Recreation





## EVENTS

### **NEW Assert Yourself**

Healthy assertive conversations involve communicating your needs, concerns and boundaries clearly, confidently and respectfully. In this class you will learn how to navigate tough discussions, and express your preferences, desires and limitations without aggression or passivity. The goal is to advocate for oneself while maintaining healthy relationships with others, both professionally and personally.

#### **Morinville Community Cultural Centre**

Tuesday | Jun 3 | 7 to 8:30 p.m.

Instructor: Self Assured Speakers

\$65, registration required.

### **NEW BC/DC - AC/DC Tribute Band**

BC/DC, Canada's favourite rock n' roll salute to AC/DC is coming to Morinville Festival Days. This licensed 18+ concert event features a deluxe burger bar buffet complete with sides (including chicken, beef, vegetarian and gluten free options).

#### **Morinville Community Cultural Centre**

Saturday | Jun 14 | Doors open: 6 p.m.

Dinner: 6:30 p.m. | Concert: 8 p.m.

Advance tickets (April 15 to May 15): \$55+GST

Regular price tickets (May 16 to June 14): \$61+GST

Tickets available starting April 15 at [www.ticketpro.ca](http://www.ticketpro.ca).



## TOWN PROGRAMS

### **Eat Well Workshop: Canning and Food Preservation**

Learn the basics of canning and food preservation in this informative, introductory presentation. Gain valuable tips, explore safe techniques and discover the benefits of preserving seasonal foods. The session concludes with a Q&A, offering personalized advice and insights for beginners and enthusiasts alike. This program will include a free community dinner provided by Midstream Support Society.

### **Morinville Community Culture Centre**

Wednesday | Apr 16 | 6:30 to 8:30 p.m.

Free, registration required.

### **NEW Focaccia for Beginners**

Dive into the art of baking one of Italy's most beloved breads in this hands-on focaccia making class! This class guides participants through every step of crafting the perfect focaccia—from mixing and kneading dough to proofing, shaping and baking. You will explore creative topping options, such as fresh herbs, olives, caramelized onions or cherry tomatoes, to personalize your bread. Plus, you will take home a freshly baked focaccia, a guidebook and the confidence to recreate this classic Italian bread in your own kitchen.

#### **Morinville Community Cultural Centre**

Wednesday | May 28 | 6:30 to 9 p.m.

Instructor: The Mill Bakery

\$75, registration required.

### **Intro to Photography**

Would you like the ability to use your camera outside of the automatic function? Learn to take better photos and take advantage of your camera's features. A professional photographer will walk you through important camera settings to create more compelling images and get the most from your camera equipment. Participants must provide their own digital camera for this two-evening course. Any camera with aperture and shutter speed modes is welcome.

#### **Morinville Community Cultural Centre**

Mondays | May 26 & Jun 2 | 7 to 9 p.m.

Instructor: Chris Stambaugh

\$100, registration required.

### **Learn to Play Cribbage**

Around since the 17th century, cribbage is a fun multiplayer game, sure to be enjoyed for years to come! New and seasoned players welcome. No supplies necessary. Participants under the age of 18 must be accompanied by an adult.

#### **Morinville Community Cultural Centre**

Wednesday | Apr 30 | 7 to 9 p.m.

Instructor: Danni McRobbie

Free, registration required.

If finances are a barrier for attending Town programs, please contact Morinville FCSS or Morinville Community Services at 780-939-7839 or [fcss@morinville.ca](mailto:fcss@morinville.ca). Subsidies are available to help.

### Paint Your Own Cribbage Board

Come out for a creative evening and paint your own cribbage board. Cribbage boards, pegs and paint supplies provided. The boards will be drilled and lacquered after the event for pick up. Great item to create and keep for yourself or give as a gift. Participants under the age of 18 must be accompanied by an adult.

### Morinville Community Cultural Centre

Wednesday | Apr 23 | 7 to 9 p.m.

Instructor: Danni McRobbie

\$30, registration required.

### Public Speaking Skills for Adults

Public speaking is a top fear-but it doesn't have to be! This fun and interactive workshop will help improve your confidence and comfort with public speaking. Participants learn the five steps to becoming a

more confident communicator. Whether it's giving a presentation, being interviewed or networking, you'll be ready!

### Morinville Community Cultural Centre

Wednesday | Jun 11 | 7 to 9 p.m.

Instructor: Project Five

\$40, registration required.

### NEW Sourdough for Beginners

This workshop is perfect for beginners and experienced bakers alike. Learn the science of sourdough, how to create and maintain a starter, and techniques for baking crusty loaves at home. Enjoy bread samples and take home a loaf you've made!

### Morinville Community Cultural Centre

Wednesday | May 14 | 6:30 to 9 p.m.

Instructor: The Mill Bakery

\$75, registration required.

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2025 Fall Program Guide  
ad submissions due

May 27, 2025



For information about the program guide or other great advertising opportunities, contact: 780-238-5174, [sponsorship@morinville.ca](mailto:sponsorship@morinville.ca), [morinville.ca/sponsorship](http://morinville.ca/sponsorship)



## Library Programs

Morinville Community Library  
10125 100 Avenue  
[www.morinvillelibrary.ca](http://www.morinvillelibrary.ca)

### Between the Covers Book Club

Check out thought-provoking books selected by the book club members and provided by the library. Copies are available to borrow throughout the month (while supplies last). Join us for book discussions in the library program room, with snacks and drinks provided.

### Morinville Community Library

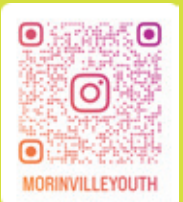
4th Wednesday of each month | 7 to 8:30 p.m.

Free, drop-in, library card required.



Morinville has a great dog park with separate areas for large and small dogs:  
[www.morinville.ca/dogpark](http://www.morinville.ca/dogpark)

For ages 8 to 19



## MORINVILLE YOUTH IS ON INSTAGRAM

Learn about great upcoming events, fun programs, recreational activities, and valuable resources for youth in Morinville!

@MORINVILLEYOUTH





**Book your  
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## MORINVILLE LEISURE CENTRE

# EVENTS & VENUE RENTALS

The Morinville Leisure Centre offers a selection of rental opportunities for sports, celebrations, business events and more!



### Landrex Arena

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### Atlas Builder Buddies Play Space

- Room capacity: 25
- Recommended for children under 8 years
- Contains a variety of small & portable play features

### Pembina Atrium

- Tables and chairs available near the concession
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### Field House

- Boarded surface with sport flooring that can be divided into three courts
- Ideal for a variety of sports, including; volleyball, basketball, badminton, pickleball and floor hockey

### Meeting Rooms:

#### Atlas Premium Homes Room & Sturgeon County Room

- Rooms accommodate up to 20 OR 30 people
- Equipped with tables and chairs
- Ideal for meetings, birthday parties and small group activities



**Call 780-939-7641 or email [bookings@morinville.ca](mailto:bookings@morinville.ca) to book your event today!**

### Morinville Leisure Centre Hours

March 30 to May 17: Open daily, 6 a.m. to 11 p.m.

May 18 to August 10: Monday to Saturday, 6 a.m. to 9 p.m.; closed Sundays

Statutory holidays: Open 8 a.m. to 8 p.m.

25126 SH642, Sturgeon County | 780-939-3450 | [www.morinville.ca/mlc](http://www.morinville.ca/mlc)

### **NEW Creation Station for Adults: Miniature Hobbit Door Wreaths**

Ages 18+

Join us for this season's Creation Station, where we will be hosting a workshop to make miniature wreaths inspired by Tolkien's famous book, "The Hobbit".

**Morinville Community Library**

Saturday | May 31 | 12:30 to 3:30 p.m.

*Free, registration required.*

### **Knit Wits & Spinning Yarns Fibre Arts Group**

Bring your knitting needles, crochet hook or spindle, and spend an evening with the Knit Wits & Spinning Yarns. If you're new and do not know the meaning of "purl" or "ply," our members can help. If you are already a pro, come share your talent with others!

**Morinville Community Library**

Tuesdays | year-round | 6 to 8 p.m.

*Free, drop-in.*

### **Loose Threads Quilting Group**

Do you enjoy quilting? Bring your new or unfinished projects and meet fellow quilters in the community. Share your quilting stories and talents with other members. Check out our many quilting resources or take part in charity and fundraising opportunities. It will be SEW MUCH FUN!

**Morinville Community Library**

1st, 3rd & 5th Monday of each month | 6 to 9 p.m.

*Free, drop-in.*

### **Shelf Indulgence: An Adult Romance Book Club**

Ages 18+

Are you a fan of romance? Join our library's romance book club! Each month, book club members pick a book to read and discuss. Copies will be available to borrow at the library.

**Morinville Community Library**

Last Friday of each month | 6 to 8 p.m.

*Free, registration and library card required.*

The Morinville & District Chamber of Commerce presents



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10-5 pm  
&  
April 13th  
11-4 pm**

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**Morinville Leisure Centre  
25126 Secondary Hwy 642,  
Sturgeon County**

[www.morinvillechamber.com/events](http://www.morinvillechamber.com/events)



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Chamber of Commerce presents the

## Easter Artisan Market

at the  
Swing into Spring Show & Sale



**April 12th**  
**10 am - 5 pm**  
**&**

**April 13th**  
**11 am - 4 pm**

Morinville Leisure Centre  
25126 Hwy 642,  
Sturgeon County  
[www.morinvillechamber.com/events](http://www.morinvillechamber.com/events)

## Adult

### NEW Tea Blend Workshop

Ages 18+

Want to make your own tea blends but don't know where to begin? Join our tea blend workshop! You'll get to create your own blends and sample a variety of tea flavours.

Morinville Community Library

Saturday | May 10 | 12:30 to 3:30 p.m.

Free, registration required.

*Starting with the Spring & Summer 2025 programs,  
you will need to register for all fitness and recreation  
activities, including FlexReg and Drop-in sessions.*



## FITNESS & RECREATION

### Any BODY Bootcamp (Drop-in)

Join us for Any BODY Bootcamp on Saturday mornings. This high-energy class is designed for all fitness levels. Combining cardio, strength and flexibility exercises. This class will help improve endurance and build muscles in a supportive environment.

Morinville Leisure Centre, Court 2

Saturday | Apr 5 to Aug 30 | 9 to 10 a.m.

Instructor: Terri Williams

Fee included with MLC membership or daily admission fee.

### Barre

Barre is a low-impact, full-body workout combining elements of Pilates and strength training. This class will focus on improving posture, core strength, flexibility and balance using small, controlled movements. Suitable for all fitness levels, it will help tone muscles while enhancing stability and endurance.

Morinville Leisure Centre, Court 2

Thursdays | Apr 3 to Jun 26 | 7 to 8 p.m.

Instructor: Jenelle Horricks

Fee included with MLC membership or daily admission fee.



Check out the many great parks  
that Morinville has to offer:  
[www.morinville.ca/parks](http://www.morinville.ca/parks)

### Cardio Circuit (Drop-in)

Get your heart pumping in this effective cardio circuit class using several types of equipment, movement patterns and drills to improve speed, agility, quickness, power and playfulness.

#### Morinville Leisure Centre, Court 2

Wednesdays | Apr 2 to Aug 27 | 6 to 6:45 p.m.

Instructor: Terri Williams

*Fee included with MLC membership or daily admission fee.*

### Flex & Flow (Drop-in)

Unleash your body's potential through body weight exercises and deep stretches. Ideal for all fitness levels, this class enhances strength, mobility and overall well-being. Join us for a powerful mind-body experience today.

#### Morinville Leisure Centre, Court 2

Thursdays | Apr 3 to Aug 28 | 6 to 6:45 p.m.

Instructor: Terri Williams

*Fee included with MLC membership or daily admission fee.*



## Eat Well Food Program

*In partnership with Sobeys and Morinville FCSS*

A food program has been created to help residents balance the cost of food each month, with quality meats, vegetables and fruits.

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## Adult

### Hatha Yoga (FlexReg)

Balance your mind and body through gentle poses and breath work. Please bring your own mat.

#### Morinville Community Cultural Centre

Wednesdays | Apr 2 to Jun 25 | 7 to 8 p.m.

Instructor: Cindy Hunt

*MLC members \$8/class, non-members \$10/class.*

### HIRT: High Intensity Resistance Training (Drop-in)

This class is designed to have you burn calories during and after you work-out through a series of compound movements.

#### Morinville Leisure Centre, Court 2

Tuesdays & Thursdays | Apr 1 to Aug 28 | 6:15 to 7 a.m.

Instructor: Michelle Logan

*Fee included with MLC membership or daily admission fee.*

### Lift (Drop-in)

Ready to lift? This program uses an adjustable barbell system to build muscular strength and endurance with classic exercises like squats, lunges, bench press and deadlifts, working your full body.

#### Morinville Leisure Centre, Court 2

Mondays | Mar 31 to Aug 25 | 6:15 to 7:15 p.m.

Fridays | Apr 4 to Aug 29 | 9 to 10 a.m.

Instructor: Michelle Logan

*Fee included with MLC membership or daily admission fee.*

### Lunch Hour Cardio Circuit (Drop-in)

Boost your energy with this quick, high-intensity cardio circuit class. Designed to fit into your lunch break, it combines fast-paced exercises to improve cardiovascular health, burn calories and increase stamina. Suitable for all fitness levels, it's the perfect midday workout to recharge and stay active.

#### Morinville Leisure Centre, Court 2

Fridays | Apr 4 to Aug 29 | 12:15 to 12:45 p.m.

Instructor: Terri Williams

*Fee included with MLC membership or daily admission fee.*



Look for  
this symbol

**FlexReg**

Register for ONLY the  
classes that work for you!

### Morning HIIT (Drop-in)

Maximize your morning with this high-intensity interval training (HIIT) class. Combining short bursts of intense exercise with brief recovery periods, Morning HIIT boosts metabolism, burns calories and improves endurance in a fast-paced, 30-minute workout. Suitable for all fitness levels, it's an efficient way to stay fit.

#### Morinville Leisure Centre, Court 2

Mondays | Mar 31 to Jun 23 | 10:15 to 11 a.m.

Instructor: Jenelle Horricks

*Fee included with MLC membership or daily admission fee.*

### Lunch Hour Tabata (Drop-in)

Get an effective workout in just 30 minutes with Lunch Hour Tabata. This high-intensity interval training (HIIT) class follows the Tabata format: 20 seconds of intense exercise followed by 10 seconds of rest. Burn calories, improve endurance and build strength, all during your lunch break. Suitable for all fitness levels.

#### Morinville Leisure Centre, Court 2

Wednesdays | Apr 2 to Jun 25 | 12:15 to 12:45 p.m.

Instructor: Terri Williams

*Fee included with MLC membership or daily admission fee.*

### sTeel Abs (Drop-in)

Enhance your core and abdominal strength with expert guidance and tailored workouts. You can achieve your desired level of core fitness, whether you're a beginner or an advanced athlete.

#### Morinville Leisure Centre, Atlas Premium Homes RM

Tuesdays | Apr 1 to Aug 26 | 6 to 6:45 p.m.

Instructor: Terri Williams

*Fee included with MLC membership or daily admission fee.*

### Step & Strength (Drop-in)

Double your benefit - work your body (cardio and strength conditioning) and your brain in this high energy choreographed class with movement patterns on and off an adjustable step bench. A super all-in-one option!

#### Morinville Leisure Centre, Court 2

Wednesdays | Apr 2 to Aug 27 | 9 to 10 a.m.

Instructor: Michelle Logan

*Fee included with MLC membership or daily admission fee.*

### Strong to the CORE (Drop-in)

Train with stability balls, medicine balls, Bosu trainers and Pilates balls to challenge your strength, core and infuse some variety and fun into your program. Each experience will work all your major muscle groups for a full body workout.

#### Morinville Leisure Centre, Court 2

Mondays | Mar 31 to Aug 25 | 9 to 10 a.m.

Instructor: Michelle Logan

*Fee included with MLC membership or daily admission fee.*

### Zumba® (Drop-in)

A dynamic fusion of dance and muscle toning, this high-energy workout takes the excitement of Zumba® to the next level by incorporating the use of light weights, intensifying your fitness routine and helping you focus on specific muscle groups.

#### Morinville Leisure Centre, Court 2

Tuesdays | Apr 1 to Aug 26 | 7 to 8 p.m.

Instructor: Kayla Frerot

*Fee included with MLC membership or daily admission fee.* ■



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## Morinville's Multi-media & Information Centre

Order books, audiobooks, music, movies and more online, anytime night or day and pick them up at your library or download from the comfort of your home. It's easy! Search over 200 Alberta libraries in seconds to find the items you want and place your order.

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the mobile app on your devices

### Programs for all ages

Book Clubs • Yarn Spinning & Knit Club • Spice it Up  
& Create It Discovery Series • Quilting Club • Makerspace  
Animanga Club • Minecraft Club • 1000 Books Before  
Kindergarten • Cozy Corner Storytime and Craft (pre-  
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Friday 10:00 am – 4:00 pm

Saturday & Sunday Noon - 4:00 pm



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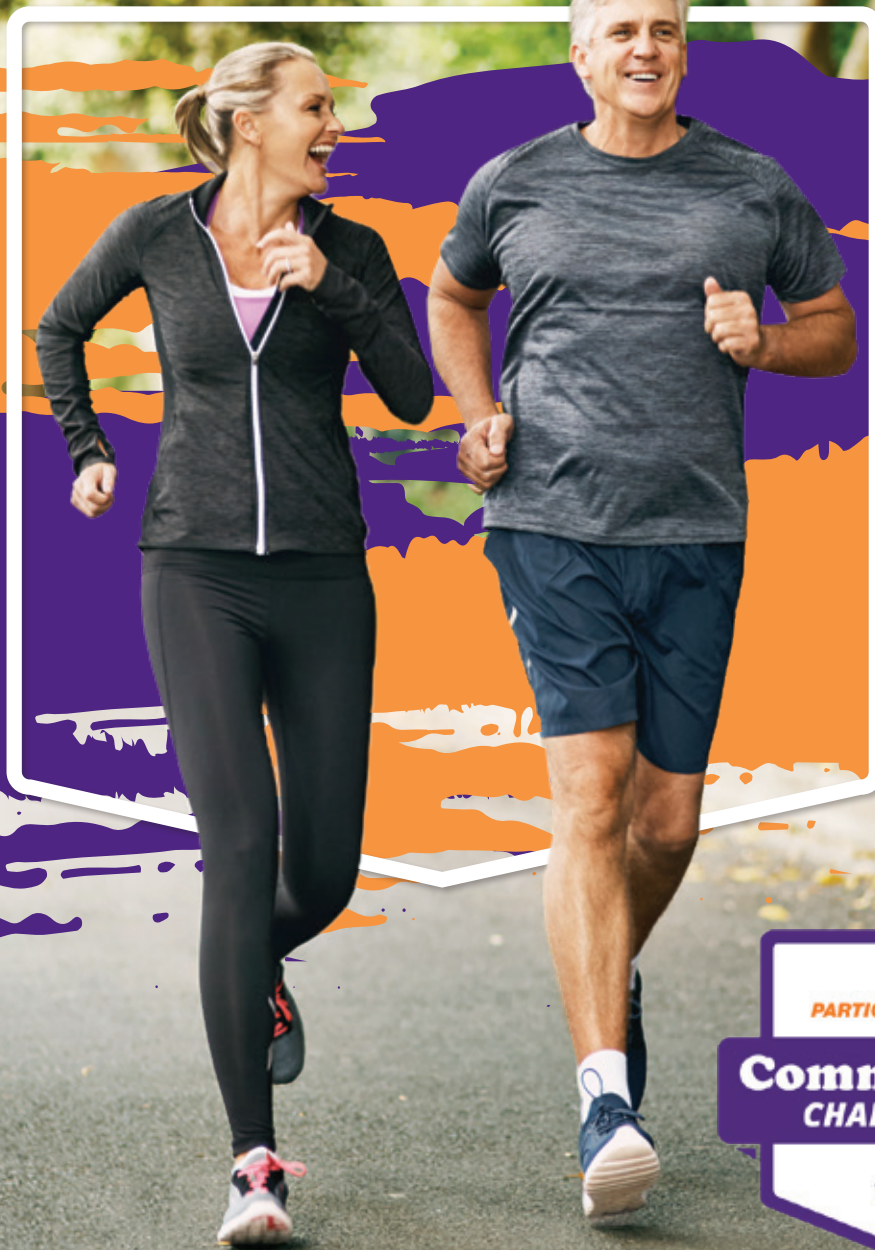
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**Help our community** **WIN \$100,000!**



Join Morinville in the **ParticipACTION Community Better Challenge**. Starting June 1, 2025, track your activity minutes on the ParticipACTION website to help our community win \$100,000 and be crowned Canada's most active community! #CommunityChallenge  
For details, please visit: [www.morinville.ca/mlc](http://www.morinville.ca/mlc)

The **Jessica Martel Memorial Foundation** is a not-for-profit organization serving Sturgeon County and surrounding areas.

We are breaking the cycle of domestic violence through education, outreach, and safe housing at **Jessie's House** and **Eileen's Place**.

### Jessie's House

Jessie's House is a 35 bed all-gender emergency shelter for individuals and families who are fleeing domestic violence.

### Eileen's Place

Eileen's Place is home to three 3-bedroom suites for individuals in our Second Stage Transitional Housing Program.



**Gender-based violence can happen to anyone from any background. We are here to help you.**

### A New Gender-Based Violence Project

We are excited to announce a new Gender-Based Violence (GBV) Project to provide education about the issues that contribute to GBV. Our primary audience for this project is men and boys, enlisting them as allies to create a future free of violence.

Stay tuned for more details in the coming months!

### Outreach

Our Outreach Program provides services to clients after they leave Jessie's House and community members who are experiencing relationship disharmony.



**Until all homes are safe...**



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# OLDER ADULT

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Events  
Programs  
Fitness & Recreation





## EVENTS

### Seniors Week: June 3 to 7

Join us for exciting events to celebrate the amazing seniors in our community:

#### Rendez-Vous & FCSS Harmony

##### *Featuring Coffee with a Cop*

This event is an excellent opportunity to meet new friends, learn about new programs, access resources and engage with other 50+ adults in the community. Complimentary refreshments will be provided.

#### Morinville Rendez-Vous Centre

Tuesday | Jun 3 | 9 a.m. to 12 p.m.

Free to attend, drop in welcome.

#### Seniors Week Dinner & Show

##### *Hats & Gloves – Hard Work & Dreams*

Enjoy a catered dinner and the acclaimed play by Rooney & Punyi Theatre Productions, exploring the

lives of six inspiring women who shaped a prairie town. Maureen Rooney's captivating transformations will leave you inspired. Wear your favourite hats and gloves to join the spirit!

#### Morinville Community Cultural Centre

Thursday | Jun 5 | Doors open: 5 p.m. |

Dinner: 5:30 to 6:30 p.m. | Show: 6:30 to 7:45 p.m.

Advance tickets (before May 24): \$32+GST

Regular tickets (after May 24) \$37+GST

To purchase tickets, visit [events.morinville.ca](http://events.morinville.ca).



## TOWN PROGRAMS

### Craft, Create & Connect

Join Morinville FCSS and connect with your community for a lively, hands-on crafting series designed for older adults and seniors! Each workshop brings something



Edmonton Northwest

## Home Care

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[dchan@qualicare.com](mailto:dchan@qualicare.com)

780-328-6500



If finances are a barrier for attending Town programs, please contact Morinville FCSS or Morinville Community Services at 780-939-7839 or [fcss@morinville.ca](mailto:fcss@morinville.ca). Subsidies are available to help.

fresh and exciting to create, with friendly guidance from expert instructors. All materials are provided.

### Session 1: Clay Wind Chimes

**Creative Cove, 10126 100 Avenue**

Tuesday | Apr 15 | 9:30 to 11 a.m.

Instructor: Creative Cove

### Session 2: Ceramic Painting

**Creative Cove, 10126 100 Avenue**

Tuesday | May 27 | 1:30 to 3 p.m.

Instructor: Creative Cove

### Session 3: Macrame Plant Holder

**Creative Cove, 10126 100 Avenue**

Tuesday | Jun 17 | 9:30 to 11 a.m.

Instructor: Creative Cove

### Session 4: Wine Glass Painting

**Creative Cove, 10126 100 Avenue**

Tuesday | Jul 3 | 7 to 8:30 p.m.

Instructor: Creative Cove

### Session 5: Watercolour Card Making

**Creative Cove, 10126 100 Avenue**

Wednesday | Aug 6 | 10 to 11:30 a.m.

Instructor: Creative Cove

*\$15 per person/per session, registration required.*

### NEW Service Canada Information Workshop

This informative session for pre-retirees and seniors will provide valuable information about the OAS, CPP and the new Canadian Dental Care programs. Refreshments will be served.

**Morinville Community Cultural Centre**

Tuesday | Jul 8 | 6:30 to 8 p.m.

Instructor: Service Canada Citizen Services Specialist

*Free, registration is preferred, drop-in welcome.*



Volunteering is a great way to stay connected with your community:  
[www.morinville.ca/volunteer](http://www.morinville.ca/volunteer)

# Easy is always on hand.

Open your freezer to many  
easy meals made especially for  
seniors, delivered for free\*.



Locally owned by  
Chetan & Roshni Bahl

Get your **FREE Menu**  
**780-666-2336**  
[HeartToHomeMeals.ca](http://HeartToHomeMeals.ca)

\*Some conditions may apply.



### Thrifty Fashion Show & Clothing Swap

**Ages 18+**

Join our annual clothing swap and fashion show, featuring thrifted styles by MCHS students and free clothes for attendees! Donate clean, like-new items at MCCC (9 a.m. to 12 p.m. on event day) or Fusion Thrift Shoppe. Fun, free and sustainable!

**Morinville Community Cultural Centre**

Thursday | May 29 | 1 to 4 p.m.

*Free, drop-in.*



### Library Programs

**Morinville Community Library**  
10125 100 Avenue  
[www.morinvillelibrary.ca](http://www.morinvillelibrary.ca)

#### **NEW Musical Bingo**

Join us in a game of musical bingo, featuring an array of songs from the 1960s. Come by yourself, or with friends, and fill out a bingo sheet! Snacks and drinks will be provided.

**Morinville Community Library**

Thursday | Apr 3 | 4 to 5:30 p.m.

*Free, drop-in.*

#### **Showtime**

Showtime is a weekly DVD watch party for ages 50+, featuring historical series. Currently watching season two of The Gilded Age, with Miss Scarlet next. Enjoy coffee, tea and occasional dress-up tea parties!

**Morinville Community Library**

Wednesdays | Year-round | 1:30 to 3 p.m.

*Free, drop-in.*

*Starting with the Spring & Summer 2025 programs, you will need to register for all fitness and recreation activities, including FlexReg and Drop-in sessions.*



### FITNESS & RECREATION

#### **Chair Yoga (Drop-in)**

Yoga poses are adapted using a chair to improve flexibility and strength while decreasing stress and

pain. Yoga does not have to be down on the floor to be effective. Excellent for beginners and anyone with mobility challenges.

**Morinville Leisure Centre, Atlas Premium Homes RM**

Wednesdays & Fridays | Apr 2 to Jun 27 | 10:15 to 11:15 a.m.

Fridays | Jul 4 to Aug 29 | 10:15 to 11:15 a.m.

Instructor: Terri Williams

*Included with MLC membership or daily admission fee.*

#### **Forever Fit (Drop-in)**

Have fun in this low to moderate intensity strength and conditioning class designed with the active older adult, returning to fitness and new to group fitness, in mind, but open to everyone.

**Morinville Leisure Centre, Court 2**

Mondays | Mar 31 to Aug 25 | 5:15 to 6 p.m.

Instructor: Michelle Logan

*Included with MLC membership or daily admission fee.*

#### **Silver Shoes (Drop-in)**

Have fun in this low to moderate intensity strength and conditioning class designed with the active older adult in mind, but open to everyone.

**Morinville Leisure Centre, Court 2**

Tuesdays | Apr 1 to Aug 25 | 9 to 10 a.m.

Instructor: Michelle Logan

*Included with MLC membership or daily admission fee.*

#### **Silver Circuit (Drop-in)**

Experience the creative options of circuit training to improve strength, balance, flexibility, mobility and activities of daily living, designed with the active older adult in mind, but open to everyone.

**Morinville Leisure Centre, Court 2**

Thursdays | Apr 3 to Aug 28 | 9 to 10 a.m.

Instructor: Michelle Logan

*Included with MLC membership or daily admission fee.*

#### **Sit & Fit (Drop-in)**

This class offers a gentle pace with chair support, including cardio, resistance, balance and flexibility training for a full-body workout that improves daily activities.

**Morinville Leisure Centre, Court 2**

Tuesdays & Thursdays | Apr 1 to Aug 28 | 10:15 to 10:45 a.m.

Instructor: Michelle Logan

*Included with MLC membership or daily admission fee. ■*

# COMMUNITY SUPPORT SERVICES

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**For information on any of our community support services, please call 780-939-7839  
or email [fcss@morinville.ca](mailto:fcss@morinville.ca)**

## Eat Well Food Program

Morinville FCSS, in collaboration with Sobeys Morinville, presents a quality monthly food basket that will help residents balance the cost of food. Each basket provides four servings each of three different meats, vegetables and fruits. Please note that due to bulk ordering, we are unable to accommodate any dietary restrictions or substitutions.

Pick up locations:

**Morinville Community Cultural Centre or  
Edmonton Military Family Resource Center**

Order by: Apr 4 | Pick-up: Apr 16 | 3 to 6 p.m.

Order by: May 5 | Pick-up: May 21 | 3 to 6 p.m.

Order by: Jun 6 | Pick-up: Jun 18 | 3 to 6 p.m.

Order by: Jul 4 | Pick-up: Jul 16 | 3 to 6 p.m.

Order by: Aug 8 | Pick-up: Aug 20 | 3 to 6 p.m.

*\$30 per basket, registration required.*

## Home Supports for Seniors

The FCSS Home Supports Program provides accredited contractors at competitive rates for seniors seeking in-home services such as snow removal, lawn care and housekeeping. Additional subsidies may be accessible for those with low income, proof of income required.

Snow Removal | Nov 1 to Mar 31

Housekeeping | Year-round

Lawn Care | May 15 to Sep 30

*Fees and registration required.*

## Home with Dignity Hampers

This local project provides residents access to basic hygiene and comfort items. Hampers are created with community donations and given out to individuals being placed in low-income housing, including seniors' care facilities, and to all others in need. Donations accepted for this program at the Morinville Community Cultural Centre.

## Morinville FCSS Information & Referral

The Morinville FCSS Information & Referral program connects residents with essential community services and resources. We offer guidance on things such as financial support, food security, mental health, counselling and more. Our knowledgeable staff provides personalized assistance to help you navigate and access the support you need. Available to all Morinville residents, this free service ensures you are informed and connected to local resources.



**Morinville**

 Morinville **TOWN WIDE**  
**GARAGE SALE**

# Saturday, May 24

**8 a.m. to 3 p.m.**

Get ready to shop 'til you drop!  
Join us in the Morinville Leisure Centre (MLC)  
parking lot for a day of fantastic finds,  
or download our free garage sale map to  
explore sales throughout Morinville.

**To rent a stall at the MLC, have your address listed on the map (free) or for more information, visit [events.morinville.ca](http://events.morinville.ca) or call Community Services at 780-939-7839.**

### Morinville FCSS Information & Referral for Seniors

This program serves as a valuable resource for individuals in the community, facilitating connections with essential social supports and resources. Support is provided with form completion and navigating government processes. Expert referrals are provided for services such as income tax, will and power of attorney, mental health support and more.

### Period Dignity Hampers

This program provides feminine hygiene products at no cost to anyone in need. These hampers are managed by local volunteers and supplies are donated by the community. Donations accepted for this program at the Morinville Community Cultural Centre.

### Seniors' Centre Without Walls

A free phone-based program that offers a variety of interactive health and well-being information sessions and friendly conversations. This program provides opportunities to socialize, learn new skills and stay connected from the comfort of your home. Open to adults aged 55+ living anywhere in Alberta who find it difficult to leave their homes and participate in social activities in their community. Free of charge, to register, call Edmonton Southside Primary Care Network at 780-395-2626.

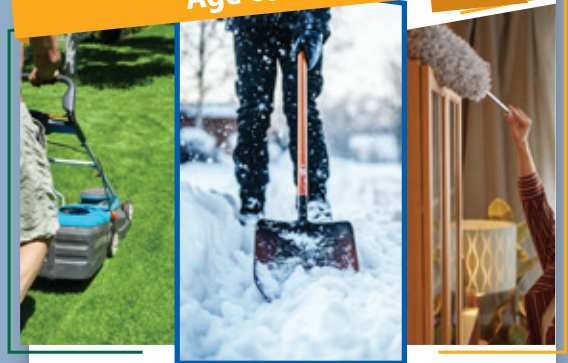
### The Empty Bowl Pet Supply Program

This program distributes pet food and supplies to low income or in crisis pet owners to ensure they can keep their companions healthy, safe and with their families. Donations are accepted at the Morinville Community Cultural Centre and the Morinville Vet Clinic during regular business hours.

### Wellness and Recreation Access Program

The Wellness and Recreation Access Program (WRAP) in Morinville supports low-income individuals and families by providing up to \$250 per person to participate in the Town's fitness, recreation and FCSS programming. Applications must be renewed annually. This initiative ensures access to essential wellness activities, enhancing community well-being and engagement. For eligibility and application details, visit [www.morinville.ca](http://www.morinville.ca) or call 780-939-7839. ■

Attention Morinville Residents  
Age 65+



## FCSS Home Support Program

Helping seniors 65+ live safely  
and securely in their homes

Do you need help with lawn care, snow removal, or basic housekeeping due to physical health conditions, disability, mobility challenges, or complex needs?

Services are available for a fee at competitive rates.

Subsidies may be available for those who qualify.



Snow Removal  
November 1 to March 31



Basic Lawn Care  
May 15 to September 30



Housekeeping Services  
January 1 to December 31



Email [fcss@morinville.ca](mailto:fcss@morinville.ca)  
or call 780-939-7839  
to learn more or to  
request services.



**Morinville**  
LEISURE CENTRE

25126 SH642, Sturgeon County  
[www.morinville.ca/mlc](http://www.morinville.ca/mlc)



# CORPORATE WELLNESS PROGRAM

Designed to support local businesses and organizations in fostering a culture of **health** and **wellbeing** for their employees.

We know it's important to promote a healthy lifestyle for all ages. By joining the Morinville Leisure Centre's Corporate Wellness Program, your organization can enjoy the benefits of a healthy workforce. Our program offers discounts for your employees and their immediate family members.

## Sign up today!

Visit our Guest Services Desk at the  
Morinville Leisure Centre,  
call 780-939-3450 or  
email [community@morinville.ca](mailto:community@morinville.ca)

## MLC Corporate Wellness MEMBERSHIP Program

At the Morinville Leisure Centre, we believe in promoting health and wellness for all. There is no additional cost to join our Corporate Wellness Program, and only five active memberships are required to receive the discounts and benefits!

### 10 Pass

- 10% discount
- flexible approach to fitness

### Monthly Membership

- 15% discount
- Enjoy full membership benefits

### Annual Membership

- 15% discount
- Enjoy full membership benefits, PLUS: two free months of membership, four guest passes for friends and family, option to place membership on hold for up to eight weeks per year

Passes & Memberships	Types of Pass/Memberships	10 Pass	Corporate Wellness 10 pass	Monthly Membership	Corporate Wellness Monthly Pass	Annual Pass	Corporate Wellness Annual Pass
	Tot (5 yrs and under)	Free	Free	Free	Free	Free	Free
	Child (6 to 12 yrs)	\$40.50	<b>\$36.45</b>	\$25.00	<b>\$21.25</b>	\$247.50	<b>\$210.37</b>
	Youth (13 to 17 yrs)	\$49.50	<b>\$44.55</b>	\$30.50	<b>\$25.92</b>	\$302.50	<b>\$257.12</b>
	Student (18+ with ID)	\$58.50	<b>\$52.65</b>	\$36.00	<b>\$30.60</b>	\$357.50	<b>\$303.87</b>
	Adult (18 to 59 yrs)	\$76.50	<b>\$68.85</b>	\$47.00	<b>\$39.95</b>	\$467.50	<b>\$397.37</b>
	Senior (60 yrs +)	\$58.50	<b>\$52.65</b>	\$36.00	<b>\$30.60</b>	\$357.50	<b>\$303.87</b>
	<b>Family</b> (2 adults & unlimited children in same household)	N/A	<b>N/A</b>	\$121.00	<b>\$102.85</b>	\$1,210.00	<b>\$1,028.50</b>

## EmpowerFit Employer Program

Unlock a healthier and more vibrant workplace with our EmpowerFit Employer Program designed exclusively for your team. As an employer, you have the power to enhance the well-being of your employees by contributing to their fitness journey, making healthy living not only accessible but also cost-effective.

**EXAMPLE**

**15% OFF**

Corporate Wellness Membership



**15% OFF**

Employer contribution  
*Contribute as much as you'd like*



**30% Savings**

total employee savings

**Empower your team with EmpowerFit – because a healthier workforce is a happier and more successful workforce!**

### Why should you invest in the EmpowerFit Program?

#### Lower Health Costs

Active employees have fewer health issues, reducing healthcare and workplace expenses.

#### Enhanced Productivity

Physical activity boosts cognitive function, making employees more focused and engaged.

#### Better Health

Our program promotes physical activity, improving overall health and resilience.

#### Inspire Positive Change

Encourage higher activity levels, healthier eating, and positive behavior changes.

# Program Guide Advertising

**4,400** printed copies mailed to Morinville residents

**1,000+** printed copies distributed to Morinville Town Hall, Morinville Leisure Centre, Morinville Community Cultural Centre and Morinville Community Library

A digital version of the program guide is available online at [www.morinville.ca/programguide](http://www.morinville.ca/programguide)

Printed and digital copies of the 2025 fall program guide will be available in print and online

**August 6, 2025**

**HIGH QUALITY PRINTING:**  
OUTSIDE COVER PRINTED ON HI-GLOSS STOCK,  
INSIDE PAGES PRINTED ON NEWSPRINT.



Ads starting as low as  
**\$71+GST**  
Special rates available for non-profit groups

**Fall ad submissions due May 27, 2025**

## PROGRAM GUIDE AD SIZING

### Full Page - No Bleed

6.75" wide x 8.58" tall

### Full Page - With Bleed

— 8" wide x 10.075" tall

--- Include .5" safety area between ad copy and edge of page

Copy cannot extend into safety area

### Half Page Vertical

3.32" wide x 8.6" tall

### Half Page Horizontal

6.78" wide x 4.25" tall

### Quarter Page

3.32" wide x 4.25" tall

### Bottom Banner

6.75" wide x 2.155" tall

### Business Card

3.32" wide x 2" tall

Submit your ad using our **EASY ONLINE FORM**

**SPECIAL BUNDLE PRICING NOW AVAILABLE!**



For more information on advertising in our program guide, please contact:

Community Engagement & Partnerships Specialist

Scan QR Code | P. 780-238-5174 | E. [sponsorship@morinville.ca](mailto:sponsorship@morinville.ca) | [www.morinville.ca](http://www.morinville.ca)



MORINVILLE COMMUNITY CULTURAL CENTRE

# THE CENTRE OF OUR TOWN

PRIVATE FUNCTIONS  
FUNDRAISING EVENTS  
BIRTHDAY PARTIES  
AWARD NIGHTS  
TRADESHOWS  
CONFERENCES  
PERFORMANCES  
MEETINGS  
CONCERTS  
SEMINARS

Morinville  
COMMUNITY  
CULTURAL  
CENTRE

TO BOOK, CALL:  
**780-939-7641**  
or email [bookings@morinville.ca](mailto:bookings@morinville.ca)

## MORINVILLE COMMUNITY CULTURAL CENTRE WEDDING & SPECIAL EVENT PACKAGE



## THE PERFECT VENUE TO SAY I DO!

### PACKAGE INCLUDES:

Access to main hall, stage, dressing rooms, kitchen,  
concession, foyer & self serve sound system.  
Time to setup Friday evening, celebrate all day Saturday  
and cleanup Sunday morning.

*Call to inquire about special event package rates.*

MORINVILLE COMMUNITY CULTURAL CENTRE

9502 100 Avenue, Morinville | [www.morinville.ca/mccc](http://www.morinville.ca/mccc)

# Shine with *Confidence* in 2025!

- Injectables
- Laser Rejuvenation
- Facials & Peels
- Microneedling

**Call 780.572.2689 to book  
your free consultation!**

*Mention this ad and receive 10% off. One-time-only offer, exclusively for new clients. Does not include retail or memberships and cannot be combined with any other offers.*



10002 100 Avenue  
Morinville AB



**tweak**  
medi spa