

PROCLAMATION

World Mental Health Day

October 10, 2025

WHEREAS: World Mental Health Day is an international day for global mental health education, awareness and advocacy against social stigma; and

WHEREAS: Economic factors such as the rising cost of living are affecting the health of Canadians. Recent national surveys found that 2 in 5 Canadians felt that their mental health has been negatively impacted by the economic downturn and that 1 in 3 Canadian households have experienced difficulties meeting their financial needs for necessary expenses such as transportation, housing, food and clothing; and

WHEREAS: Governments across Canada are working to improve equitable access to mental health services to address the growing need for care;

THEREFORE: I, Mayor Simon Boersma, do hereby declare October 10th, 2025, as **World Mental Health Day**, in the Town of Morinville.



Mayor Simon Boersma

